

*Kishwaukee College
Women's Basketball
2008-09 Awards and Accomplishments*

- First 20 win season
- Program's debut on National Poll
- 7 Program Records Broken
 - Wins in a Season
 - National Ranking
 - Most Points Scored in a season
 - Offensive Average
 - Fewest Points given up in a season
 - Defensive Average
 - Best Start in Program History (10-0)
- ***Nicole Dames***
 - Single Season/Career Assist Record Holder
 - 6th All-Time Leading Scorer
 - NJCAA Pre-Season 1st Team All-American
 - Region IV and Arrowhead All-Conference
 - Region IV Player of the Week
 - Arrowhead Academic All-Conference
- ***Christine "Allie" Espe***
 - NJCAA Distinguished Academic All-American
 - 2x Arrowhead Academic All-Conference
 - Region IV Player of the Week
 - Region IV Top Returner
 - 12th Single Season Rebounding
 - 8th Career Rebounding
- ***Emily Alde***
 - NJCAA Academic All-American
 - 2x Arrowhead Academic-All-Conference
- ***Myreesha Irby***
 - Region IV Player of the Week
- ***Stephanie Benninger***
 - Region IV Player of the Week
- ***Schae Maxwell***
 - Arrowhead Academic All-Conference
- ***Kia Rhodes***
 - Second Team All-Region IV
 - WBCA All-American
- ***Emily McLain***
 - Region IV Player of the Week
 - Region IV MVP/First Team All-Region IV
 - Arrowhead Conference Freshman of the Year/First Team All-Conference
 - 5th Single Season Scoring (504pts)
 - 11th Single Season Rebounding (270)
 - 4th Single Season Free-Throw Percentage (75%)
 - NJCAA 2nd Team All-American